

SUPER OMEGA 3 FISH OIL

WHAT ARE OMEGA 3S?

Omega 3 fatty acids are essential nutrients, that must be obtained through proper foods or supplementation. SFH high strength fish oil comes from Sardines, Anchovies and Herring (small fish, top-swimmers from cold water).

WHY CHOOSE SFH?

★ HIGH STRENGTH & ALL NATURAL

1 tsp = 3244 mg of EPA/DHA.

⊁ PRICE

48 servings for \$49.99 = \$1.04 a day.

* OPTIMAL ABSORPTION

All natural triglyceride form liquid fish oil.

★ INDEPENDENTLY TESTED

5 Star IFOS Rating. Meets or exceeds CRN, GOED, IFOS, WHO and Prop 65 Standards. Free of heavy metals & toxins.

***** GMP GUIDELINES

Formulated in SFH GMP certified facility

* GMO FREE, SOY FREE, GLUTEN FREE, SUGAR FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

Supplement	Facts
Serving size: 1tsp (5ml) Servings per container: 48	

Amount per serving	%daily	value*
Calories	45	
calories from fat	45	
Total fat	5.0g	8%
Polyupoaturated fat	4.0g	+
Total Omega 3s	3,686mg	+
EPA (Eicosapentaenoic Acid)	2,071mg	+
DHA (Docosahexaenoic Acid) 1,173mg	†
Other Omegas	442mg	+

IT PAYS TO READ THE LABEL! **OVER 3200^{MG} EPA/DHA IN JUST 1**^{TSP}

SFH SO3 MAY DECREASE EXERCISE INDUCED INFLAMMATION. SUPPORT: HEALTHY LIPIDS, NORMAL BRAIN DEVELOPMENT & FUNCTION, A HEALTHY CARDIOVASCULAR SYSTEM AND HEALTHY EYES/VISION.



INTRODUCING New Flavors!

VANILLA	
CHOCOLATE	
LEMON	
ORANGE	
PEPPERMINT	